

Getting the Unemployed Unstuck

FREE SAMPLE!



LAYOFF-TO- EMPLOYMENT ACTION PLANNER™

NAME _____

DATE _____

AGE _____

Every year, layoffs happen to thousands—even millions—of people. Layoffs affect employees in many professions and at every level.

Losing a job is one of life's most stressful events. You may feel shock or anger. This is normal. Remember: A layoff is not your fault.

You may be asking yourself questions like these: What will I do next? Will I be able to find a good job quickly? How will my family and I get by? Fortunately, with the help of the **Layoff-to-Employment Action Planner (LEAP)**, you can start answering these questions and take the first steps today to ease your uncertainty.

LEAP covers eight main problems that workers face in a layoff. It helps you identify and organize the issues that most need your attention. It gives you information for coping with your layoff financially and emotionally. This tool also helps you think about your career skills and begin a proactive job search. It tells you about the free services and benefits available to you as a laid-off worker. In fact, research shows that laid-off workers who promptly use these services find jobs faster.

After you complete **LEAP**, we hope you find it easier to take immediate, positive action for your day-to-day life and career. You may also be ready to consider long-term plans for your future.

When you are ready, take your time and respond to the statements.

© 2009 by Career Action Resources, LLC

www.CareerActionResources.com

Request Your Free Sample of *Layoff-to-Employment Action Planner*

E-Mail:

LEAP@

CareerActionResources
.com

Call: 1-800-398-6615

Learn more about the **LEAP** at
www.CareerActionResources.com

Career Action Resources, LLC ,
is a workforce materials publisher
with more than a dozen years of
experience in the field.

Follow us:

www.Twitter.com/CareerAction

Free sample sent to
U.S. addresses only.